

INTERVIEWS – NEWS – EVENTS (INE) ©2018

**INE:** Welcome all. Today I'm very lucky to interview Frieda Taller, a self-professed writer, a traveler, a horror movie fanatic, and a foodie.

**INE:** Hi Frieda. Thank you for agreeing to this interview.

Tell us a little more about yourself and your hobbies.

**FT:** Hi everyone! I'm Frieda, but you can call me Fridz for short. I'm busy working as an Accounting Supervisor/Payroll Specialist in a local media company by day, and write whenever I have a free time (which is almost every single day. Hahaha!). Aside from writing, I also like to paint, make some crafts and I'm also into dancing. When I was a student, I joined different contests from Quiz Bee, Spelling Bee, Slogan Making, and Poster Makings to Dancing and whatnots, except Beauty and Singing contests. I don't have any courage to join that two.

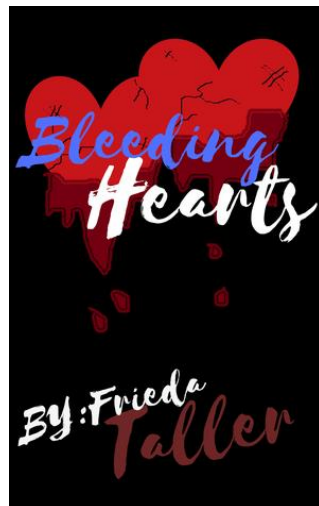
I'm a wanderer, too. I like traveling to places, learning different cultures and meeting new people. One of my dreams is to travel around the world. I'm very ambitious, but I don't think it's a bad thing.

I would call myself Jack of all trades, master of none. Hehehe.

**INE:** Do you have any publications yourself?

**FT:** I've been contributing to different anthology like: Hearts for Sales, Pieces by Pieces, Marked for Love, Marked for Destiny, and Summer Dreams. Recently, I have published my very own poetry e-book entitled "Bleeding Hearts" on Amazon.

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**INE:** What inspired you to write *Bleeding Hearts*?

**FT:** What inspired me to write *Bleeding Hearts* is my recent heartbreak experience. I thought the relationship was forever, until the guy left me without a word after two years of being together. It was too sudden that I was in shock for months. And also, I was also inspired with my friends and colleagues who confide to me with their heart problems. In addition to that, the fact that millions, or even billions of people have experienced heart breaks, made me come up with the idea of writing the book.

**INE:** Do you typically plan your writing around a themed idea, or do you just write whatever and wherever your heart takes you?

**FT:** I write whenever an idea comes up to mind. I just play with words and phrases and turn them into poems, no particular theme.

**INE:** You mentioned that you published your own e-book. Tell us a little about that process.

**FT:** It was a rollercoaster ride. It started when I joined a writing community on Twitter where we have to write a short story or a poem based on the daily prompt word. Most of the entries that I have were all about pain, sadness, and grief. I barely write happy thoughts. What's interesting was that people love the poems I wrote, so it boosted my confidence a little. And that piqued the idea of compiling all the poems I have and turn it into a book. I was having doubts, but there were amazing people who helped me and supported me to finish the book. My mentors helped me proofread my book; I did some research on YouTube on how to edit an e-book, and a friend of mine created a book cover for me. And voila, the e-book was born and published. It was nerve-wrecking, but lots of fun.

**INE:** Do you have any advice for authors on how to prepare before they self-publish?

**FT:** I'm no professional, but what I can say is to do your research. Know what your genre is, read things about it, study, practice, and most importantly, believe in yourself. Always remember, if you fail to plan, you are planning to fail.

**INE:** What are you currently working on?

**FT:** I am currently working on the next volume of my book.

**INE:** What is/are your favorite quote(s)?

*“Life is an endless process of self-discovery.”*

*– James Gardner*

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*“Nobody learns without getting it wrong.”*

*– Zootopia*

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*“Be courageous and try to write in a way that scares you a little.”*

*– Holley Gerth*

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*“A writer is simply a photographer of thoughts.”*

*– Brandon A. Trean*

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**INE:** Who is your favorite author/artist?

**FT:** My favorite author is Francine Pascal. I grew up reading her Sweet Valley stories.

**INE:** Is there anything else you would like to add that I haven't included?

**FT:** I'm a kid at heart. I love chocolates. I always look at dessert menu first before ordering the main dish. Hehehe. I also play some sports like Badminton and Volleyball, and I also play videogames.

And, ironically, my height is for a grade schooler, but my surname makes me Taller than anyone. Hahaha!

**INE:** How can readers discover more about you?

**FT:**

Website: <https://fridztaller.wixsite.com/artsyfridz>

Twitter: <https://twitter.com/foxyfridz>

LinkedIn: <https://www.linkedin.com/in/frieda-taller-08a14591/>

Book Links: <https://www.amazon.com/Bleeding-Hearts-Frieda-Taller-ebook/dp/B07DVVPFK94>

Goodreads: [https://www.goodreads.com/author/show/18144285.Frieda\\_Taller](https://www.goodreads.com/author/show/18144285.Frieda_Taller)

**INE:** Thank you very much for taking the time out of your busy schedule to take part in this interview. Best of luck and much success for the future.

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We are now also on Facebook at: <https://www.facebook.com/laara.oakes.9>

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